



# Join the Anahata team on our mission to Educate, Inspire and Evolve!

## Karma Yoga Coordinator -Volunteer Position-

Anahata Yoga Retreat is a Charitable Trust Organisation offering Guest Retreats, Yoga Courses, Teacher Trainings and Yogic Lifestyle Immersion & Volunteer opportunities.

We are currently seeking a disciplined, motivated and organized individual to join our team. The role of Karma Yoga Coordinator is one of the most pivotal positions at Anahata and requires a high level of communication and personal interaction across many departments.

### Position Requirements:

- **Understanding and experience of Karma Yoga as a daily lifestyle practice**
- Ability to work well with others
- Time management, adaptability and steadiness under pressure are key qualities
- Excellent communication and organisational skills
- Good computer skills and knowledge of MS Word and Excel
- Ability to organise and supervise teams to complete tasks and projects
- Willingness to perform all manner of tasks and to lead by example

### Additional:

- Basic maintenance, kitchen, housekeeping and/or gardening skills
- Ideal candidates will also have previous Ashram experience or Sannyasa training

### In exchange we offer:

- Accommodation
- 3 Vegetarian Meals per day
- A small community dedicated to a Yogic Lifestyle
- Daily yoga classes including Asana, Meditation, Yoga Nidra, Chanting/Kirtan and Havan
- Discounts on Retreats & Courses depending on length of commitment
- Idyllic mountain top location with ocean views backed on to the Abel Tasman NP

**If this sounds like you, please email [yoga@anahata-retreat.org.nz](mailto:yoga@anahata-retreat.org.nz) for an application form.**